

ZGEEL 2daagse 26: Session: 3: COACH evaluation sheet for TEAM: AZV

Coachinfo: Warming up from: 07:10 untill 08:25. Teamleadmeeting @ 07:45 The listed starttimes are indicative!

Coaches: Claassen Benny HEADCOACH

Coaches: Verachttert Elke

Coaches: Torfs Agnes

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:12, starttime: 09:40
Heat: 12/20 Lane : 6 Athlete: LEMMENS NOAH					Q-time: 01:20:05
PB (25m pool): 01:20.05 Antwerpen 12/10/2025					PB (50m pool): 01:21.68 SB: 01:20.05 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.26		01:20.05	
		00:38.26		00:41.79	
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+					Heat:13, starttime: 09:45
Heat: 13/20 Lane : 6 Athlete: KEISERS TIBO					Q-time: 01:18:16
PB (25m pool): 01:18.16 Stedelijk Zwembad Geel 16/02/2025					PB (50m pool): 01:19.07 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.85		01:18.16	
		00:36.85		00:41.31	
					

Coach feedback:

Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:5, starttime: 10:05
Heat: 5/19 Lane : 4 Athlete: VAN COTTHEM NIKA					Q-time: 01:34:00
PB (25m pool): 01:34.00 2370 Arendonk 21/12/2025					PB (50m pool): 01:37.40 SB: 01:34.00 2370 Arendonk 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.92		01:34.00	
		00:43.92		00:50.08	
					

Coach feedback:

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Event number: 16: 100M BUTTERFLY WOMEN 11+					Heat:14, starttime: 10:20
Heat: 14/19 Lane : 1 Athlete: KENNIS NATHALIE					Q-time: 01:14:60
PB (25m pool): 01:09.98 Turnhout 06/03/2022					PB (50m pool): 01:10.48 SB: 01:15.34 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:09.98	
	no time				
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:3, starttime: 10:45
Heat: 3/37 Lane : 4 Athlete: VERSTRAETEN DJURRE					Q-time: 01:28:10
PB (25m pool): 01:28.10 2370 Arendonk 21/12/2025					PB (50m pool): 01:28.99 SB: 01:28.10 2370 Arendonk 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.36		01:28.10	
	00:41.36 00:46.74				
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:10, starttime: 10:55
Heat: 10/37 Lane : 2 Athlete: WILLEMS IWAN					Q-time: 01:11:23
PB (25m pool): 01:12.78 Nijlen 16/11/2025					PB (50m pool): 01:11.23 SB: 01:12.78 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.93		01:12.78	
	00:34.93 00:37.85				
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+					Heat:19, starttime: 11:10
Heat: 19/37 Lane : 3 Athlete: LEMMENS NOAH					Q-time: 01:03:11
PB (25m pool): 01:03.11 Nijlen 16/11/2025					PB (50m pool): 01:04.87 SB: 01:03.11 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.98		01:03.11	
	00:30.98 00:32.13				
					

Coach feedback:

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Event number: 17: 100M FREESTYLE MEN 11+					Heat:32, starttime: 11:25
Heat: 32/37 Lane : 6 Athlete: KEISERS TIBO					Q-time: 00:55:86
PB (25m pool): 00:55.86 Antwerpen 12/10/2025					PB (50m pool): 00:57.45 SB: 00:55.86 Antwerpen 12/10/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.83		00:55.86	
	00:26.83		00:29.03		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:9, starttime: 11:50
Heat: 9/33 Lane : 2 Athlete: LAURYSSEN NETTE					Q-time: 01:36:87
PB (25m pool): 01:36.87 2370 Arendonk 21/12/2025					PB (50m pool): no time SB: 01:36.87 2370 Arendonk 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:36.87	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 11:55
Heat: 10/33 Lane : 2 Athlete: VAN COTTHEM NIKA					Q-time: 01:34:60
PB (25m pool): 01:34.60 2370 Arendonk 21/12/2025					PB (50m pool): no time SB: 01:34.60 2370 Arendonk 21/12/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:34.60	
	no time				
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:10, starttime: 11:55
Heat: 10/33 Lane : 3 Athlete: PEETERS LENA					Q-time: 01:33:70
PB (25m pool): 01:33.70 Nijlen 16/11/2025					PB (50m pool): no time SB: 01:33.70 Nijlen 16/11/2025
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:33.70	
	no time				
					

Coach feedback:

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Event number: 18: 100M MEDLEY WOMEN 11+					Heat:26, starttime: 12:20	
Heat: 26/33 Lane : 5 Athlete: KENNIS NATHALIE					Q-time: 01:12:87	
PB (25m pool): 01:11.69 De Sprink 30/07/2019 PB (50m pool): no time SB: 01:14.13 Hoogstraten 28/09/2025						
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		01:11.69		
	no time					
						

Coach feedback: